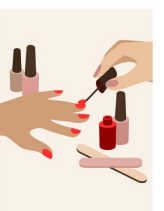
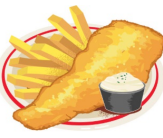
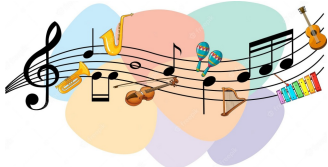
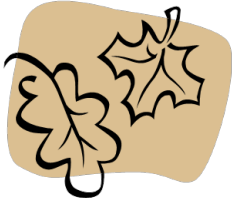


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SEPTEMBER	1 Morning 10:30am Coffee Break (KD) - Ed 11:00am Kitchen Creations (LW) - Ed Afternoon Bingo (K) - Ed 2:30pm Strength & Balance - Ed Walks & Chats (K) - Ed 6:30pm Karaoke with Kailey - Ed 	2 Morning Pamper Me (A) - Ed Help Wanted Game (A) - Ed Afternoon 1:30pm Food Committee - E 1:30pm Music Therapy w/ Mairead - Ed Patio Chats (A) - Ed 2:30pm Physio Group Exercises - W 	3 Morning High Rise Hustle (K) - Ed Brain Boost (K) - Ed Afternoon 12:00pm Fish & Chips Lunch Club with Elliott Chef Sherry (sign up only) - CC 2:30pm Falls Prevention - W Walks & Chats (K) - Ed 	4 Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon Missing 50s Lyrics Game (K) - Ed 2:30pm Zumba Exercises - W Movement Matters (K) - Ed/F 	5 Morning 9:30am General Store Dart Board Travelling Cart (K) - Ed Afternoon Brain Boost - Hummingbird Fact Files (K) - Ed 2:45pm Musical Entertainment with John Pebble - Ed 3:30pm Seated Zumba - W 	6 Morning Feel-Good Short Stories (MD) - Ed Creative Colouring (MD) - Ed Afternoon Balloon Volleyball (MD) -Ed Coffee Break (MD) 
7 Morning 1:30pm Chapel Service with Pastor Mike - Ed Afternoon Music Appreciation (MD) - Ed 	8 Morning Men's Group (C) - W Afternoon Cheerful Chats with Kailey - Ed 2:30pm Strength & Balance - Ed Kitchen Creations (K) - Ed 6:30pm Karaoke with Kailey - Ed 	9 Morning Tabletop Curling (K) - Ed Afternoon 1:15pm African Lion Safari Outing (sign up only) 1:30pm Resident Council - E 2:30pm Physio Group Exercises - W 	10 Morning 10:00am St Andrew Presbyterian Chapel Service - C Magic Table (K) - Ed Afternoon 2:00pm Fall Fair Carnival - CC 2:30pm Falls Prevention - W 	11 Morning Flower Arranging (K) - Ed Friendly Visits with Sheilla - F Afternoon Backyard Fun (K) - Ed 2:30pm Zumba Exercises - W Movement Matters (K) - Ed/F 	12 Morning 9:30am General Store Afternoon Let's make Chocolate Milkshakes & Social (AS & C) - Edi 2:45pm Musical Entertainment with Eric Lunn - Ed 3:30pm Seated Zumba - W 	13 Morning Masterpiece Makers (K) - Ed Afternoon Let's Bake (K) - Ed Movement Matters (K) - Ed 
14 Morning Creative Corner (K) - Ed Walks & Strolls (K) - Ed Afternoon Hymn Sing (K) - Ed Tabletop Shuffle Board (K) - Ed 	15 Morning 11am-12pm Bookmobile 11:00am Kitchen Creations (LW) - Ed Afternoon 2:00pm Zumba with Stephanie - CC 2:30pm Strength & Balance - Ed Kitchen Creations (K) - Ed Fireside Social (K) - Patio 	16 Morning Ladderball (A) - Ed Afternoon 1:30pm Music Therapy w/ Mairead - Ed Let's Make Guacamole (A) - Ed 2:30pm Physio Group Exercises - W 	17 Morning 10:00am Catholic Mass - C 10:15am Guelph Humane Society Tour Outing (sign up only) Afternoon Q&A Ball Toss (K) - Ed 2:30pm Falls Prevention - W Round up Pirates - Interesting Facts! (K) - Ed 	18 Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon 2:00pm Monthly Birthday Party with Kevin Coates - CC 2:30pm Zumba Exercises - W 3:00pm 1:1 Visits with Pastor Mike Movement Matters (K) - Ed/F 	19 Morning 9:30am General Store What is your pirate name (K) - Ed Afternoon 2:00pm Young 2 Guys Musical Performance - CC 3:30pm Seated Zumba - W 	20 Morning Creative Corner (MD) - Ed Short Stories (MD) - Ed Afternoon Balloon Volleyball (MD) - Ed 2:00pm Students Supporting Seniors Visits from UofG Sing Along (MD) - Ed 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Morning Walks & Strolls (K) - Ed Afternoon 1:30pm Chapel Service with Pastor Mike - Ed 6:00pm Music Appreciation (MD) - Ed 	22 First Day of Fall- Wear Red, Orange, Yellow! First Day of Fall! Wear Fall Colours! Morning Autumn Drink Social (K) - Ed 2:30pm Strength & Balance - Ed Foliage Categories Game (K) - Ed 6:30pm Karaoke with Kailey - Ed 	23 Morning 10:15am Music Together Now Intergenerational Program (sign up group) - CC Afternoon 2:00pm Quarterly Memorial Service - C 2:30pm Physio Group Exercises - W 5:00pm Classic Car Show Outing & Dinner (sign up only) 	24 Morning Chocolate Bar Game (K) - Ed Armchair Travel (K) - Ed Afternoon 2:00pm Accordion with Gary - CC 2:30pm Falls Prevention - W 	25 Morning Stories in Motion with John F. Ross (sign up only) - CC Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon 2:00pm Happy Hour with Rob Edlefsen - CC 2:30pm Zumba Exercises - W 3:00pm 1:1 Chaplain Visits - RR 	26 Morning 9:30am General Store Laughter Travelling Cart (AS) - Ed/F Afternoon 2:45pm Musical Entertainment with Woody Woodburn - Ed 3:30pm Seated Zumba - W 	Morning 11:00am Gidinawendamin/Ska'nikw 22nd Annual Pow Wow Outing (Sign up with Recreation) Afternoon Creative Corner: Totem Pole (K) - Ed Movement Matters (K) - Ed 
28 The Great Harvest! Morning Creative Corner: Autumn Branch Craft (K) - Ed Walks & Strolls (K) - Ed Afternoon 1:30pm Chapel Service with Pastor Mike - Ed 	29 Morning 11am-12pm Bookmobile 11:00am Kitchen Creations (LW) - Ed Afternoon 1:30pm Walmart Shopping Outing (sign up only) 2:30pm Strength & Balance - Ed 6:30pm Karaoke with Kailey - Ed 	30 National Day for Truth & Reconciliation - Wear Orange! Morning 9:00am Short Stories: Why we wear orange. 10:15am Music Together Now Intergenerational Program (sign up group) - CC Afternoon Let's Make Bannock (C&A) - Ed/F 1:30pm Music Therapy w/ Mairead - Ed 2:30pm Physio Group Exercises - W Connecting with Nature (A) - Ed	Legend for which Recreationist is hosting the activity: (A) - Amy (AS)- Angie (C) - Colleen (K) - Kailey (KD) - Kaylee (LW) - Libby (MA)- Mairead (MD)- Michaela (Mia) - Mia (R) - Reshmi (S) - Student	Recreationists Colleen Marsh - Ext.2234 cmarsh@elliottcommunity.org Kailey Beeney - Ext.2125 kbeeney@elliottcommunity.org Reshmi Abraham - Ext. 2233 rabraham@elliottcommunity.org Angie Scadding - ascadding@elliottcommunity.org Amy Golbourne- agolbourne@elliottcommunity.org	Program Location Legend Ed- Edinburgh Activity Area W- Wellington Activity Area F- Fountain Activity Area Er- Eramosa Activity Area P- Paisley Activity Area 4- Nottingham Activity Area BR- Board Room C- Chapel CC- Community Centre BCY- Back Courtyard RR- Resident Room Sn - Snoezelen Room	Resident Council WeekSeptember 15th-19th Resident Council plays an important role in shaping the place residents call home. 